

# NICOLE TOLENTINO BONIQUIT, MD

## EDUCATION

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- 2001-2005      **Bachelor of Arts, Psychology**  
Northwestern University, Evanston, IL
- 2008-2012      **Doctorate of Medicine**  
Loyola University Chicago Stritch School of Medicine, Maywood, IL

## POST GRADUATE TRAINING

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- 2012-2015      **Resident, Categorical Pediatrics**  
University of Chicago Medical Center, Chicago, IL
- 2015-2016      **Fellow, Primary Care Sports Medicine**  
Hospital for Special Surgery, New York, NY

## LICENSURE

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- 2012-2015      **Illinois**  
License Number: 125061401
- 2015-2017      **New York**  
License Number: 279857-1

## HONORS AND AWARDS

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- 2015      **American Medical Society for Sports Medicine Resident Scholarship Award Recipient**
  - This award is given annually to the residents who best demonstrate a commitment to a career in Sports Medicine
- 2013      **American Academy of Pediatrics—Read, Lead, Succeed Advocacy Campaign Award for “Read, Run, and Have Fun” Initiative**
- 2012      **University of Chicago Resident of the Month, Pediatrics Residency Training Program**
- 2011-2012      **Tobin Scholarship- Loyola Stritch School of Medicine**
  - Presented to a student who excels with an outstanding track record of exemplary leadership on campus and in the community, scholarship, and adherence to Judeo-Christian ethical principles
- 2010-2011      **Sygiel Scholarship**
  - Presented to a student who exemplifies the values of Stritch, including service, academic achievement, and care for the human spirit
- 2009-2010      **Shigekawa Scholarship**
  - Presented to a student who exemplifies strong leadership skills and promotes diversity.
- 2008      **Arthroscopy Association of North America (AANA) Research Grant for \$11,300.00**
  - Ghodadra N, Scuderi M, Boniquit N, Romeo AA, Verma N, Bach BR, Provencher MT. Normalization of Glenohumeral Articular Contact Pressures after either Latarjet or Iliac Crest Bone Grafting Procedure

2002-2005  
2001-2004

**Dean's List- Northwestern University**  
**General Motors Scholarship- Northwestern University**

## **SPORTING EVENT COVERAGE**

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- 2015-2016      **New York Giants**  
Team Physician, *East Rutherford, NJ*
- Work with Dr. James Kinderknecht, Dr. Russell Warren, Dr. Scott Rodeo, and Head Athletic Trainer Ronnie Barnes during game coverage, pre-season training, and weekly independent training room
  - NFL Combine and annual medical physicals and EKG reading
- 2015-2016      **New York Mets**  
Team Physician, *New York, NY*
- Work with Dr. James Kinderknecht, Dr. David Altcheck, Dr. Struan Coleman, and Head Athletic Trainer Ray Ramirez during game coverage
  - Spring Training annual medical physicals
- 2015-2016      **St. John's University**  
Team Physician, *Jamaica, NY*
- Independently held training room hours for all collegiate student-athletes
- 2015-2016      **Public Schools Athletic League**  
Head Team Physician for Kipps Academy, *New York, NY*
- Provided team coverage and clinic for injured high school football players
- 2016              **Killington Medical Clinic**  
Fellow Physician, *Killington, VT*
- Provide medical care to injured skiers, snowboarders, and visitors, including reduction of shoulder dislocations, diagnosis of ACL tears, and fracture care management
- 2015              **New York City Marathon Medical Volunteer, New York, NY**
- Provide medical care to injured runners, ranging from cramping to hyponatremia
- 2015              **Lake Placid Ironman Medical Volunteer, Lake Placid, NY**
- Provide medical care to injured Ironmen athletes, including hyponatremia, heat exhaustion, and cramping
- 2013              **Shamrock Shuffle Medical Volunteer, Chicago, IL**
- Provide medical care and attend to injured runners, ranging from blister care to administering IV fluids to laceration irrigation/repair
- 2008              **Chicago Marathon Medical Volunteer, Chicago, IL**
- Provide medical care attend to dehydrated or wounded runners, ranging from blister care to administering IV fluids

## **LEADERSHIP**

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- 2015              **Fellow Medical Director/Team Captain, Rock N' Roll Half Marathon, Brooklyn, NY**
- Coordinated logistics of medical care of race, including emergency action plan
  - Lead a group of residents, nurses, PTs, and EMTs in main medical tent

- 2013-2015      **Resident Leader, *Read, Run, and Have Fun Initiative***
- Initiative to promote childhood literacy (book drives, book fairs), physical activity, and forging relationships within the communities on the South side of Chicago
- 2009-2010      **President, *Neonatology and Perinatal Interest Group***
- Organize and conduct meetings to establish goals and discuss activities for the year
  - Organize physicians and researchers in various subspecialties of Neonatology and Pediatrics to speak about their field and research interests
- 2008-2010      **Class of 2012 Medical Student Union Representative, *Loyola Stritch School of Medicine***
- Serve as a communication link between my class, the Medical Student Union, and faculty; attend monthly MSU meetings, resolve issues pertaining to all aspects of student life; started online book exchange
- 2009-2010      **Treasurer, *Ophthalmology Interest Group***
- Maintain finances for the group and help organize meetings and activities
- 2009-2010      **Student's Distinguished Lecture Series, *Loyola Stritch School of Medicine***
- Invite distinguished keynote speakers to address the student body and medical faculty
- 2009-2010      **Health Disparities Leader, *Center for Service and Global Health***
- Organize discussions of sensitive health topics, including healthcare reform and underserved populations
- 2006-2008      **Executive Director, *StandUp for Kids Chicago***
- Provide street outreach to homeless and at-risk youth, offering food, clothing, and links to social service agencies
  - Organize and publicize fundraising events, initiate community awareness efforts, and set up "Don't Run Away" programs, educating children about the perils of running away from home and living on the street
- 2007-2009      **Clinical Research Coordinator, *Midwest Orthopaedics at Rush***
- Studied outcomes of various arthroscopic procedures and current orthopedic topics
  - Worked with Dr. Anthony Romeo and Dr. Nikhil Verma
- 2005-2007      **Peripheral Arterial Disease Project Coordinator, *Northwestern University Feinberg School of Medicine***
- Worked with Dr. Mary McDermott to study the effects and ways to prevent peripheral arterial disease
- 2001-2005      **Head Sports Medicine Aide, *Northwestern University Sports Medicine***
- Team coverage of Northwestern football, men's basketball, women's volleyball, women's tennis, men's/women's swimming, men's/women's soccer, women's field hockey
  - Aid in the treatment of injured athletes during their rehabilitation process
  - Liaison between aides and staff; coordinate educational, fundraising, and social aspects of sports medicine aides

## **INSTITUTIONAL & COMMUNITY SERVICE**

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- 2015                    **Heart Screen New York, Seaford, NY**
- Read hundreds of EKGs for high school athletes to screen for potentially life threatening cardiac conditions; organized by 2 families who lost their sons to sudden cardiac death.
- 2013-2015            **Department of Pediatrics Residency Interview Committee**
- Interview potential incoming residency candidates
- 2013-2015            **Washington Park Clinic Resident Volunteer**
- Provide medical care, including evaluation and treatment of general pediatric concerns, to underserved populations
- 2011-2012            **Honors in Bioethics and Professionalism Capstone Project**
- Created an organization to promote healthy lifestyle choices for Broadview and Maywood communities via walking clubs, cooking demonstrations, urban connection garden project and education of health topics
- 2008-2011            **International Service Immersion, El Progreso, Honduras**
- Raise funds, medical and school supplies for the various trip sites; provide medical aid
  - Volunteered at Hogar Suyapa, an orphanage in El Progreso; taught health education
- 2008-2010            **Community Eye Screenings, Ophthalmology Interest group**
- Conduct visual acuity testing and peripheral vision screenings at community health fairs
- 2008                    **Urban Plunge**
- Assist in food preparation and service at St. Bartholomew soup kitchen
  - Take patient histories and vitals at Alivio Medical center
- 2006-2008            **Triage and Lab Volunteer, Community Health Clinic**
- Take patient vitals and history, write up SOAP notes, and assist the attending physician in evaluating patients; collect blood and urine specimens

## **BIBLIOGRAPHY**

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### ***Publications:***

- Benjamin HJ, **Boniquit NT**, and Hastings ES. *The Traveling Athlete*. American Academy of Pediatrics Adolescent Medicine. 2015; 26: 189-207.
- Verma NN, Bhatia S, Baker III CL, Cole BJ, **Boniquit N**, Nicholson GP, and Romeo AA. *Outcomes of Arthroscopic Rotator Cuff Repair in Patients Aged 70 Years or Older*. Arthroscopy: The Journal of Arthroscopic & Related Surgery. 2010 Oct; 26 (10): 1273-80.
- Provencher MT, Handfield K, **Boniquit N**, Reiff SN, Sekiya JK, and Romeo AA. *Injuries to the Pectoralis Major Muscle: Diagnosis and Management*. American Journal of Sports Medicine. 2010 Aug; 38 (8): 1693-705.

Bhatia S, Piasecki DP, Nho SJ, Romeo AA, Cole BJ, Nicholson GP, **Boniquit N**, and Verma NN. *Early Return to Work in Workers' Compensation Patients after Arthroscopic Full-Thickness Rotator Cuff Repair*. *Arthroscopy: The Journal of Arthroscopic and Related Surgery*. 2010 Aug; 26 (8): 1027-34.

Piasecki DP, Verma NN, Nho, S, Bhatia S, **Boniquit N**, Cole BJ, Nicholson GP, and Romeo AA. *Outcomes after Arthroscopic Revision Rotator Cuff Repair*. *American Journal of Sports Medicine*. 2010 Jan; 38 (1): 40-6.

Kuhne M, **Boniquit N**, Ghodadra N, Romeo AA, and Provencher MT. *The Snapping Scapula: Diagnosis and Treatment*. *Arthroscopy: The Journal of Arthroscopic and Related Surgery*. 2009 Nov; 25 (11): 1298-311.

### **Podium Presentations:**

**Boniquit N**, Benjamin H, Pongetti G, Jewison D, and Gozal D. *Training Overnight: Sleep Hygiene in Adolescent Gymnasts*.

- Podium presentation at American Medical Society for Sports Medicine 24<sup>th</sup> Annual Meeting, Hollywood, FL. April 15-19, 2015.

Verma NN, Bhatia S, Baker III CL, Cole BJ, **Boniquit N**, Nicholson GP, and Romeo AA. *Outcomes of Arthroscopic Rotator Cuff Repair in Patients Aged 70 Years or Older*.

- Podium presentation at Annual Congress of the French Arthroscopic Society 2009 of Deauville. December 3, 2009.

Bhatia S, Piasecki DP, Romeo AA, Nho SJ, **Boniquit N**, Cole BJ, Nicholson GP, and Verma NN. *Outcome of Workers' Compensation Patients Following Arthroscopic Full-Thickness Rotator Cuff Repair*.

- Abstract podium presentation at ISAKOS 2009 Annual Meeting, Osaka, Japan. April 5-9<sup>th</sup>, 2009.

Piasecki DP, Verma NN, Nho, S, Bhatia S, **Boniquit N**, Cole BJ, Nicholson GP, and Romeo AA. *Outcomes after Arthroscopic Revision Rotator Cuff Repair*.

- Podium presentation at the 7<sup>th</sup> Biennial AAOS/ASES Shoulder & Elbow Course, Aventura, FL. April 15-18, 2010.
- Podium presentation at AOSSM Annual Meeting, Keystone, CO. July 9-12, 2009.
- AANA 28<sup>th</sup> Annual Meeting. San Diego, CA. April 30, 2009.
- Abstract podium presentation at ISAKOS 2009 Annual Meeting, Osaka, Japan. April 5-9<sup>th</sup>, 2009.
- Podium Presentation at the 2008 Biannual Shoulder and Elbow Society of Australia, Perth, Australia, November 6-9, 2008.

### **Poster Presentations:**

**Boniquit NT**, Toresdahl BG, Callahan LR, Fibel KH, and Kinderknecht JJ. *Prevalence of Inadequate Immunity to Measles, Mumps, Rubella, and Varicella in Major League Baseball Players*.

- Oral poster presentation at American Medical Society for Sports Medicine 25<sup>th</sup> Annual Meeting, Dallas, TX. April 15-20.

**Boniquit N**, Wang DA, Toresdahl B, and Kinderknecht J. *Adolescent Soccer Player with Bilateral Groin Pain*.

- Poster presentation at American Medical Society for Sports Medicine 25<sup>th</sup> Annual Meeting, Dallas, TX. April 15-20.

**Boniquit N**, Benjamin H, Pongetti G, Jewison D, and Gozal D. *Training Overnight: Sleep Hygiene in Adolescent Gymnasts.*

- Poster presentation at University of Chicago Pediatrics Research Symposium, Chicago, IL. June 11, 2015.

Vohra S, **Boniquit N**, Holmes L, Spearman A, Sillers L, Triemstra J, Woo J, Press V, Vela M, Park N. *Read Run and Have Fun: An Innovative Pediatric Resident and Medical Student Collaboration to Promote Childhood Literacy and Family Exercise.*

- Poster presentation at Illinois Chapter, American Academy of Pediatrics Annual Educational Conference, Lisle, IL. September 19-20, 2014.

**Boniquit N** and Benjamin H. *Are the Odds Ever in Her Favor? Female Basketball Player with a Lesion in her Left Humerus.*

- Poster presentation at American Medical Society for Sports Medicine 23<sup>rd</sup> Annual Meeting, New Orleans, LA. April 5-9, 2014.

**Boniquit N** and Benjamin H. *An Elite Gymnast with Left Knee Pain.*

- Poster presentation at American Medical Society for Sports Medicine 23<sup>rd</sup> Annual Meeting, New Orleans, LA. April 5-9, 2014.

Vohra S, Follmer R, Dowell J, Poole N, Friesen R, **Boniquit N**, Spearman A, Shah K, Bhanvadia R, Donnelly E, Gaffney S, Graves N, Idowu O, Rivas J, Rivas-Lopez V, Weick J, Woods A, Press V, Vela M, and Park N. *Read, Run and Have Fun: An Innovative Pediatric Resident and Medical Student Collaboration to Promote Childhood Literacy and Family Exercise.*

- Poster presentation at Ann & Robert H. Lurie Children's Hospital of Chicago Child Advocacy Day. February 11, 2014.

Bhatia S, Piasecki DP, Romeo AA, Nho SJ, **Boniquit N**, Cole BJ, Nicholson GP, and Verma NN. *Outcome of Workers' Compensation Patients Following Arthroscopic Full-Thickness Rotator Cuff Repair.*

- Poster presentation at AOSSM 2008 Annual Meeting, Orlando, FL. July 10-13<sup>th</sup>, 2008.

### **Graduate Medical Education Presentations:**

*Clinical Examination of the Athlete's Knee.* 10th Annual Hospital for Special Surgery Sports Medicine Symposium. 4/9/2016.

*Malaria.* University of Chicago Pediatric Clinical Pathological Correlation Conference. 1/30/2015.

*Toddler's Fracture.* University of Chicago Pediatric Residency Morning Report Presentation. 4/3/2014.

*Intimate Partner Violence: An Epidemic among Youth.* Podium presentation to various specialties at University of Chicago Hospital, 10/30/2013. Pediatric residency class of 2015 Quality Improvement Initiative.

- Increase awareness among other medical specialties the link between IPV and child abuse; increase awareness among patients by creating educational IPV pamphlet and providing local resources to those involved in intimate partner violence

*Maternal Pre-Pregnancy BMI and Cognitive Performance in School-Age Children.* Pediatric Journal Club Presentation, 3/20/2013.

- Basatemur E, Gardiner J, Williams C, Melhuish W, Barnes J, and Sutcliffe A. Maternal Pre-pregnancy BMI and Child Cognition: A Longitudinal Cohort Study. Pediatrics, 2013 January; 131(1):56-63. DOI10.1542,/peds.2012-0788

## **PROFESSIONAL MEMBERSHIP**

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2013-present	<b>American Medical Society for Sports Medicine</b> •International/Inter-Organizational Relations Committee
2012-present	<b>American Academy of Pediatrics</b>
2012-present	<b>Chicago Medical Society</b>
2012-present	<b>Illinois State Medical Society</b>
2008-present	<b>American Medical Association</b>

## **CERTIFICATIONS**

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2015 – Present	<b>Advanced Cardiovascular Life Support</b>
2012 – Present	<b>Pediatric Advanced Life Support</b>
2012 – Present	<b>Neonatal Resuscitation Program Provider</b>

## **REFERENCES**

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Available Upon Request