

November 9 & 10, 2018



2018 MOR Elbow to Hand Symposium: Hand to Elbow Fractures, a Case-Based Approach to Problem Solving

A 1-½ day course reviewing anatomy, surgical interventions,
and treatment for fractures of the elbow, wrist, and hand

**Armour Academic Center
at Rush University**
600 S. Paulina Street, Room 540
Chicago, Illinois 60612

Course Coordinators:
Mark S. Cohen, MD
Kristen Grider, OTR/L, CHT

Additional Faculty:

John J. Fernandez, MD
Robert W. Wysocki, MD
David Wilson, MD
Dru Krischer, MOT, OTR/L, CHT
Meredith Payne Trost, MS, OTR/L, CHT
Lauren Nichol, MOT, OTR/L
Courtney Kolthoff, MOT, OTR/L
Debra Wright, OTR/L, CHT
Kelly Scanlon, MS, OTR/L

Sponsored by:

MIDWEST
ORTHOPAEDICS
at RUSH    
HAND, WRIST & ELBOW

2018 MOR Elbow to Hand Symposium

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Course Location

Armour Academic Center at Rush University
600 S. Paulina Street, Room 540
Chicago, Illinois 60612

Sponsor

Midwest Orthopaedics at Rush (MOR)
Hand, Wrist & Elbow Institute
1611 W. Harrison Street, Chicago, IL 60612

Course Coordinators

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Target Audience

CHTs, OTs, PTs

Level

Beginner to Intermediate

Course Fee

Standard Registration: \$460
Early Bird Registration by September 29, 2018: \$420

Program Presentations Book

Each program book is \$30 this year.*

10 continuing education contact hours issued by MOR, an Illinois Department of Financial & Professional Regulation Occupational Therapy CE Sponsor, license # 224000147

**Attendees will only be eligible to purchase a book with early bird registration. For standard registration, you will receive presentations in PDF format.*



Course Description

This 1-1/2 day course sponsored by Midwest Orthopaedics at Rush Hand, Wrist & Elbow Institute will feature in-depth lectures on current surgical interventions, treatment, and therapy for fractures of the elbow, wrist, and hand. Saturday afternoon will be dedicated to small group teaching, with focus on cadaver dissections where anatomy and operative procedure will be demonstrated by the surgeons. Occupational therapy staff will present splinting techniques and tips.



Friday, November 9, 2018

- 1:00-2:00** Registration/Sign-In & Exhibitor Display
- 2:00-2:30** Functional Anatomy Review
- 2:30-3:00** Phalanx Fractures
- 3:00-3:20** OT Case
- 3:20-3:50** Break & Exhibitor Display
- 3:50-4:20** Metacarpal Fractures
- 4:20-4:50** Thumb and CMC Fractures
- 4:50-5:10** OT Case
- 5:10-5:40** Other Carpal Fractures
- 5:40-6:00** Participant Submitted Case Review
- 6:15-7:15** Course Faculty & Participant Reception in MOR Lobby Sign-Out

Saturday, November 10, 2018

Morning Session

- 7:30-8:00** Registration/Sign-In & Exhibitor Display
- 8:00-8:30** Scaphoid Fractures
- 8:30-9:00** Distal Radius Fractures
- 9:00-9:20** OT Case
- 9:20-9:50** Forearm Fractures
- 9:50-10:20** Break & Exhibitor Display
- 10:20-10:50** Olecranon and Coronoid Fractures
- 10:50-11:20** Condylar and Distal Humeral Fractures
- 11:20-11:40** OT Case
- 11:40-12:10** Radial Head Fractures
- 12:10-12:30** Participant Submitted Case Review
- 12:30-1:30** Lunch Provided in MOR Lobby

First Cadaver Group Meet at MOR Elevators, first floor, by 1:15

Afternoon Concurrent Sessions (1:30-4:30)

Cadaver Lab 4 Surgical Suites (Rotate through all 4)

OT Lab

Splint Lab

Fabricate a long arm orthosis; tips and techniques for fabrication of a long arm orthosis, including management of a large arm, reinforcing stays, cross-bracing, olecranon window; work in pairs with an instructor for each station

Please bring a pair of scissors marked with your name

1:30-2:45

Small Group Rotation 1

Yellow Groups (4x12)

You have 4 rotations, 18 minutes each.

Meet at MOR elevators, first floor, at 1:15 to walk over to Surgery Center or cadaver presentations.

Green Groups (2x26)

You have 1 rotation, 72 minutes. *Go to MOR Suite 107.*

2:45-3:15

Break

Surgery Center group walks to MOR Suite 107.

OT group meets at MOR elevators, first floor, walk over to Surgery Center.

3:15-4:30

Small Group Rotation 2

Green Groups (4x13)

You have 4 rotations, 18 minutes each. *Go to Surgery Center for cadaver presentations.*

Yellow Groups (2x26)

You have 1 rotation, 72 minutes. *Go to MOR Suite 107.*

Sign-Out, Course Evaluation, Certificate pick-up in Suite 107 at the end of Saturday afternoon session

Payment for course and participation in skills lab is release of liability

Hand to Elbow Fractures, a Case-Based Approach to Problem Solving

Surgical Staff

Dr. Mark S. Cohen, MOR Hand, Wrist & Elbow Institute

For more than 20 years since he joined MOR, Dr. Cohen has focused his clinical and research interests on fractures and reconstruction of the hand, wrist and elbow with a special emphasis on minimally invasive surgery. Dr. Cohen received his bachelor's degree from Stanford University and graduated with highest distinction and departmental honors. He then attended Harvard Medical School, where he graduated Magna Cum Laude. After serving an orthopedic residency at the University of California, San Diego, he completed an upper extremity and microvascular fellowship at the renowned Indiana Hand Center. Dr. Cohen was the 2017 ASHT Conference keynote speaker.

Dr. John J. Fernandez, MOR Hand, Wrist & Elbow Institute

Dr. Fernandez is one of the nation's leading innovators in technology for hand and wrist injuries. His research has led to minimally invasive procedures with excellent outcomes. Born in the Midwest, his family originates from Spain and he is fluent in Spanish. He graduated salutatorian honors from medical school and completed his residency and fellowship at the distinguished University of Pittsburgh Medical Center and Indiana Hand Center, both ranked among the top programs in the nation. Dr. Fernandez is a Golden Apple Award winner for excellence in teaching.

Dr. Robert W. Wysocki, MOR Hand, Wrist & Elbow Institute

Dr. Wysocki's practice focuses on the treatment of hand, wrist and elbow conditions, as well as microsurgical reconstruction of the upper and lower limbs. He earned his medical degree from Northwestern University Feinberg School of Medicine and finished his orthopedic surgery residency at Rush University Medical Center. He completed a hand, upper extremity, and microvascular surgery fellowship at Duke University Medical Center.

Occupational Therapy Staff

Kristen Grider, OTR/L, CHT

Manager of Occupational Therapy,
Midwest Orthopaedics at Rush

Dru Krischer, MOT, OTR/L, CHT

Staff OT, Midwest Orthopaedics at Rush

Lauren Nichol, MOT, OTR/L

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This year the MDs and OTs will be reviewing two participant submitted cases to facilitate discussion around treatment planning and problem-solving. A link to upload your case information, should you have a difficult fracture case you would like to review, will be available on the registration website. Please remember to omit all patient identifying information for privacy purposes. Please submit any x-rays, pictures, and objective information you would like presented for discussion.

General Information

Participation is limited to 100 attendees. Early registration is encouraged as participants are accepted on a first-come, first-served basis. Final enrollment is confirmed upon receipt of registration and payment. To register, please visit www.e2h2018.eventbrite.com.

Online Registration & Payment

Attendee registration is online only: www.e2h2018.eventbrite.com

Course Fee:

- Early Bird Registration (received by September 28, 2018): \$420
- Standard Registration (received on or after September 29, 2018): \$460

Please note that group discounts are not offered for this course.

Credit cards only. No checks accepted. For questions regarding registration, please contact Alex Sroka at Alexander.Sroka@rushortho.com or 708.236.2618.

Registration Cancellation by Participant

The deadline to receive a refund for your registration is September 29, 2018. Registration cancellations received prior to the deadline are eligible to receive a refund, minus a \$125 cancellation fee. Please note the following regarding refunds:

- Cancellations received after the stated deadline is not eligible for a refund.
- Refunds are not available for registrants who do not attend an event.
- Cancellations will be accepted **in writing (e-mail) only** and must be received by the stated cancellation deadline.
- All refund requests must be made by the attendee or credit card holder.
- Refund requests must include the name of the attendee and/or transaction number.
- Refunds will be credited back to the original credit card used for payment.
- Registrations may not be transferred.

For all cancellations, please submit your inquiry to Alex Sroka at Alexander.Sroka@rushortho.com.

Lunch & Breaks

Lunch and all breaks are included in the course fee. Participants with special dietary restrictions should plan their own lunch and snacks.

Valet Parking Services or Rates

The parking garage is located near the corner of Ashland Ave. / Harrison Street, adjacent to the Midwest Orthopaedics at Rush Orthopedic Building. The Orthopedic Building is located at 1611 W. Harrison Street, Chicago, IL 60612.

\$8.00 parking will be available for all attendees. You may use the Rush parking garage if attending the course and using the Marriott accommodations. Parking (discount) stickers are provided upon check-in on Friday, November 9th.



HAND, WRIST & ELBOW

1611 W. Harrison Street, Chicago, IL 60612

877 MD BONES (877.632.6637)

www.rushortho.com

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NOVEMBER 9 & 10, 2018



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